

Betty Salad Recipe

Prep Time: 10 minutes

Difficulty Level: Easy

Cook Time: 10 minutes

Servings: 4-6

Ingredients:

Salad

- 1/2 pound spinach (5 cups)
- 6 hard boiled eggs, sliced
- 16 ounces of fresh bean sprouts
- 10 slices of prepared bacon crumble

Dressing

- 1 c. vegetable oil
- 3/4 c. sugar
- 1/3 c. catchup
- 1/4 c. white vinegar
- 1 tbsp. Worcestershire sauce
- 1 medium onion diced

Directions:

1. combine dressing ingredients in favorite bowl. Wisk together well before adding the salad ingredients.
2. Refrigerate for about 20 minutes before serving.

Notes: