



2 servings

Prep Time: 5 min

Acai Breakfast Bowl Recipe

Ingredients

- 1 cup of apple juice
- 1 large banana sliced
- 1 cups of frozen berries
- 1/2 cup plain or vanilla yogurt
- 2 frozen packet of acai berry puree (100 grams), broken into pieces
- Assorted toppings such as fresh berries can be used on top along with sliced almonds, toasted coconut, granola, and or chia seeds.

Directions

1. Place the apple juice, banana, frozen berries, yogurt, and acai puree in the blender.
2. Blend until thoroughly combined and smooth.
3. Pour the smoothie into 2 deep bowls.
4. Arrange the desired toppings over your smoothie bowls and serve.

Notes: