

# Banana Granola Pops Recipe

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*By Bren Haas*

## Ingredients

- 4 Bananas
- 3 tablespoons of your favorite granola
- 1/4 cup of chopped fine walnuts
- 6 ounces melting dark chocolate chips or bark
- 8 Popsicle sticks

## Instructions

1. Peel, cut bananas in half crosswise and insert Popsicle sticks. Place on a parchment-lined tray, cover with plastic wrap and freeze for about 3 hours.
2. Place walnuts and Granola into a shallow dish. Melt chocolate in a double boiler over slightly simmering water, over low heat, constantly stirring. You can also use the microwave for this step but be sure to be cautious.
3. Pour the chocolate into a tall glass. Dip each banana into the chocolate and roll in the granola straightaway. Place on a parchment-lined tray. Serve immediately or wrap individually in parchment paper or plastic wrap in the freezer

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## Notes:

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